



Duchesne Academy of the Sacred Heart

School Profile 2026-2027

NETWORK OF SACRED HEART SCHOOLS

Academy of the Sacred Heart
Bloomfield Hills, Michigan

Academy of the Sacred Heart
New Orleans, Louisiana

Academy of the Sacred Heart
St. Charles, Missouri

Carrollton School of the Sacred Heart
Miami, Florida

Convent & Stuart Hall Schools of the Sacred Heart
San Francisco, California

Convent of the Sacred Heart
New York, New York

Duchesne Academy of the Sacred Heart
Houston, Texas

Duchesne Academy of the Sacred Heart
Omaha, Nebraska

Forest Ridge School of the Sacred Heart
Bellevue, Washington

Josephinum Academy of the Sacred Heart
Chicago, Illinois

Newton Country Day School of the Sacred Heart
Newton, Massachusetts

Princeton Academy of the Sacred Heart
Princeton, New Jersey

Regis School of the Sacred Heart
Houston, Texas

Sacred Heart Academy
Bryn Mawr, Pennsylvania

Sacred Heart Greenwich
Greenwich, Connecticut

Sacred Heart School of Halifax
Halifax, Nova Scotia

Sacred Heart School of Montreal
Montreal, Quebec

Sacred Heart Schools
Atherton, California

Sacred Heart Schools
Chicago, Illinois

Saint Philomena School
Portsmouth, Rhode Island

Schools of the Sacred Heart
Grand Coteau, Louisiana

Stone Ridge School of the Sacred Heart
Bethesda, Maryland

Stuart Country Day School of the Sacred Heart
Princeton, New Jersey

Villa Duchesne School of the Sacred Heart
St. Louis, Missouri

Woodlands Academy of the Sacred Heart
Lake Forest, Illinois

ABOUT DUCHESNE

Duchesne Academy of the Sacred Heart engages, inspires, and empowers future women leaders with the:

Courage to think critically,
Confidence to face challenges,
Compassion to change the world.

Founded in 1960 and located in the Memorial area of Houston, Texas, Duchesne Academy is an independent, Catholic, all-girls college preparatory school serving students from Pre-K3 through Grade 12.

Duchesne is a member of the Global Network of Sacred Heart Schools. Rooted in the 200-year Sacred Heart tradition, the school is guided by the five *Goals and Criteria*, which educate students to each of the following:

Goal I: A Personal and Active Faith in God

Goal II: A Deep Respect for Intellectual Values

Goal III: A Social Awareness That Impels to Action

Goal IV: The Building of Community as a Christian Value

Goal V: Personal Growth in an Atmosphere of Wise Freedom

MEET OUR STUDENTS

Beyond the classroom, our students participate in a wide range of co-curricular programs, including 40+ clubs and organizations, 15+ fine arts performances annually, championship athletics across 13 sports, nationally recognized debate, and award-winning robotics.

Current Enrollment: 863

Upper School Enrollment: 357

Class of 2027: 81

FACTS & FIGURES: 2025-2026



15
Countries



67
Zip Codes



45%
Catholic



\$2.4M
Tuition Assistance



25%
Receive Tuition Assistance



65%
of Upper School Girls Participate in Athletics



13
Varsity Sports Programs



8
NCAA-Bound Athletes in the Class of 2026

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Houston, Texas 77024
713-468-8211

duchesne.org
CEEBC Code: 443363

HEAD OF SCHOOL

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ACCREDITATIONS & AFFILIATIONS

Sacred Heart Commission on Goals (SHCOG)

Independent Schools Association of the Southwest (ISAS)

Independent School Management (ISM)

International Coalition of Girls' Schools (ICOGS)

National Association of Independent Schools (NAIS)

National Catholic Educational Association (NCEA)

Southwest Preparatory Conference (SPC)

Texas Catholic Conference of Bishops Education Department (TCCBED)

Signature Programs

MOD Schedule

The Upper School operates on an innovative six-term modular “MOD” schedule. Instead of managing six to eight classes daily as in traditional schedules, in the MOD schedule, students manage four.

Each MOD lasts 29-30 school days, with four 80-minute class periods (bins) per day. Students take three to four courses per MOD and select classes from a combination of requirements and electives to complete up to 24 credits each year. One course in a single MOD is equal to one credit, and three credits are equal to a full year course.

The MOD schedule, backed by cognitive science and recommended by educational specialists, is grounded in a commitment to student well-being and an understanding of how students learn. The fewer yet longer periods within the school day allow space for sufficient breaks for community time and less chaotic transitions. Longer class times allow for deeper dives into the curriculum, providing opportunities for critical thinking, creative problem-solving, and the building of strong relationships between students and teachers.

This student-centered approach to learning supports retrieval practices as students productively recall content from previous MODs and achieve long-term retention.

Internship Opportunities

Communications: The Communications Internship gives Upper School students hands-on experience in marketing, media, and strategic communication. Through content creation, photography, social media, and event promotion, students build professional skills while sharing the courage, confidence, and compassion of the Duchesne community.

CAVE: IT interns and apprentices are responsible for staffing the CAVE help desk and for performing regular maintenance and service of campus computers and AV equipment. They develop patience, independence, teamwork, and strong customer support skills helping faculty and students with technical issues. IT internships may be repeated as desired. IT apprentices pursue a Microsoft or Test Out certification while working the help desk.

Internship Fair: The Internship Fair connects current Duchesne juniors, seniors, and college-aged alumnae with opportunities for real-world work experience. From shadow days to year-long internships, the goal is to help students explore potential career paths across a variety of fields through meaningful alumnae and community connections.



Goal III in Action: A Social Awareness That Impels to Action

Global & Social Awareness

Duchesne’s signature experiential program is rooted in the Sacred Heart *Goals and Criteria* that call us to serve our community, act for justice, and be responsible citizens. Students in Grades 11 and 12 are assigned off-campus, volunteer placements at schools, senior communities, or charitable organizations that serve the needs of marginalized populations throughout Houston. The program includes a reflection component in which students assess their volunteer experience to instill a lifelong commitment to service. Students in Grade 9 and 10 are also required to complete two service projects of their choosing each school year.

International Exchange Program

Grade 10 students may apply for two to four-week exchanges at other Sacred Heart schools worldwide. In return, Duchesne also hosts Sacred Heart students from different countries. Through these exchanges, students experience different cultures, educational systems, and communities while building lasting international relationships.

Transformative Research

Students in Grade 11 and 12 participate in a two-year sequence of Transformative Research and Action. After identifying a problem within a local, regional, national, or global community, students conduct research, develop strategies to educate others about the issue, and propose potential solutions. Students develop skills in conducting and presenting high-quality research, culminating in the completion of a college-level argumentative research paper.

Sacred Heart Summer Service Projects

Students have the opportunity to join others from across the Sacred Heart Network to examine varying social justice issues and consider different world realities. These programs encourage critical analysis, informed action, and civic responsibility through direct service, advocacy, proximity, or community partnerships. Students at Duchesne have participated in the following programs:

- ARISE Adelante in the Rio Grande Valley
- Workers’ Rights in Chicago

Academic Profile



Grade Distribution

Duchesne Academy does not report class rank. GPA distribution is based on 79 students. Students who transferred to Duchesne after Grade 10 are not included in the grade distribution.

GPA is cumulative, weighted, and calculated through June 2026. An additional 0.5 quality point is awarded for passing grades in all Advanced Placement (AP) courses, and an additional 0.3 quality point is awarded for passing grades in all Advanced courses.

Because of the school's selective admissions process and small class sizes, there is a relatively narrow range of grade point averages within each graduating class.

Seniors who meet the National Honor Society chapter's academic eligibility requirements based on a cumulative GPA of 3.7 through junior year and demonstrate excellence in leadership, service, and character are invited to membership.

Top Decile: 4.151 and above

Top Quartile: 4.090 and above

Top Half: 3.877 and above

Advanced Placement Program

Departmental approval is required for enrollment in an AP Course. Students enrolled in an AP course must take the AP exam.

82% of the Class of 2027 was enrolled in at least one AP course in 2025-2026.

97% of AP students in the Class of 2027 earned scores of 3 or higher on their AP exams in 2026.

36 students from the Class of 2027 have been recognized by College Board as AP Scholars.

Grading Scale

A	93-100	4.0 pts
A-	90-92	3.7 pts
B+	87-89	3.3 pts
B	83-86	3.0 pts
B-	80-82	2.7 pts
C+	77-79	2.3 pts
C	73-76	2.0 pts
C-	70-72	1.7 pts
D+	67-69	1.3 pts
D	63-66	1.0 pts
D-	60-62	0.7 pts
F	0-59	0 pts

Graduation Requirements

A minimum of 84 credits is required for graduation and must include:

English: 12 credits

Social Studies: 12 credits

Math: 9 credits

Science: 12 credits

World Language: 9 credits

Theology: 12 credits

Computer Science: 3 credits

Fine Arts: 3 credits

Transformative Research: 2 credits

PE: 3 credits

Electives: 7 credits

Standardized Test Scores

ACT

Average: 28

Middle 50%: 26-31

SAT

Average: 1271

Middle 50%: 1160-1390

AP & Advanced Courses

English

AP English Language

AP English Literature

Social Studies

AP World History

AP US History

AP US Government

AP Macro Economics

AP European History

AP African American Studies

Advanced International Relations

Math

Advanced Geometry

Advanced Algebra II

Advanced Pre-Calculus

AP Pre-Calculus

AP Calculus AB

AP Calculus BC

AP Statistics

Beyond BC: Advanced Topics

Science

Advanced Chemistry

AP Chemistry

AP Physics 1

AP Physics 2

AP Biology

AP Environmental Science

World Language

AP Spanish Language and Culture

AP French Language and Culture

Advanced French II, III, IV

Advanced Spanish II, III, IV

Advanced ASL IV

Elective

AP Music Theory

AP Studio Art

AP Computer Science A

Advanced Choir

Advanced Dance

Advanced Theatre

Advanced Robotics

Advanced Digital Product Design

Advanced Engineer Your World

Notes

For the Class of 2027, the only advanced coursework offered in Grade 9 was Advanced Geometry and Advanced Spanish II. The only AP coursework offered in Grade 10 was AP World History. AP Pre-Calculus is designed as a capstone math course for students who took Algebra 1 in Grade 9; it is not available for students on an accelerated math track.

Courses taken are equivalent in content and rigor to those offered under the Texas Foundation High School Program.

Students may enroll in an AP or elective course offered online through OneSchoolhouse if that course is not offered at Duchesne or is unable to be scheduled. Grades are not calculated into GPA and are designated on the transcript with "OS."

College Matriculations: 2022-2026

We proudly share this list in celebration of our graduates and the next chapter of their academic journeys. Wherever they go, they carry with them our Sacred Heart Goals – values they have embraced and made their own. Schools in bold signify Class of 2026 matriculations.

Allegheny College
American University
Anderson University
Arizona State University
Auburn University
Austin College
Babson College
Baylor University
Belmont University
Blinn College
Boston College
Boston University
Cal Poly
Carnegie Mellon University
Case Western Reserve University
Claremont McKenna College
Colorado School of Mines
Colorado State University
Cornell University
Dalhousie University
DePaul University
Drexel University
Embry-Riddle Aeronautical University, Prescott
Emmanuel College
Fordham University
Franciscan University of Steubenville
George Washington University
Holy Cross College
Houston Christian University
Houston Community College
Howard University
Indiana University, Bloomington
Lone Star College System
Louisiana State University
Loyola University Chicago
Loyola University Maryland
Ludwig Maximilian University of Munich
Mississippi State University
Mount Holyoke College

New York University
Northeastern University
Oberlin College
Oklahoma State University
Purdue University
Randolph-Macon College
Rensselaer Polytechnic Institute
Rhodes College
Rice University
Ritsumeikan Asia Pacific University
Rollins College
Rose-Hulman Institute of Technology
Saint Mary's College
Sam Houston State University
Samford University
Savannah College of Art and Design
School of the Art Institute of Chicago
Seattle University
Shenandoah University
South Dakota School of Mines and Technology
Southern Methodist University
Southwestern University
St. Edward's University
Stephen F. Austin State University
Sweet Briar College
Texas A&M University
Texas A&M University, Galveston
Texas Christian University
Texas State University
Texas Tech University
The American University of Paris
Trinity University
Tulane University
United States Air Force Academy
United States Military Academy
Universidad de Navarra
University of Alabama
University of Alabama, Birmingham
University of Arizona

University of Arkansas
University of California, Davis
University of California, Los Angeles
University of California, San Diego
University of Colorado, Boulder
University of Dallas
University of Denver
University of Florida
University of Georgia
University of Houston
University of Louisiana, Lafayette
University of Massachusetts, Boston
University of Miami
University of Mississippi
University of Missouri
University of New Mexico
University of North Carolina School of the Arts
University of Notre Dame
University of Oklahoma
University of Pittsburgh
University of Southern California
University of St. Thomas, Texas
University of Tennessee
University of Texas
University of Texas, Arlington
University of Texas, Dallas
University of Texas, San Antonio
University of the South
University of Toronto
University of Vermont
University of Virginia
University of Wisconsin
Utah Valley University
Valencia College
Vanderbilt University
Villanova University
Washington University in St. Louis
Wittenberg University
Xavier University of Louisiana