

**Duchesne Academy of the Sacred Heart Athletics**  
**Player/Parent Contract**  
**2025-2026**

Duchesne Academy of the Sacred Heart athletics is an extension of the classroom. During play, an athlete can put into practice the skills which will help them lead in an increasingly connected world. Communication, critical thinking, decision-making, and teamwork are just a few of the skills that our student-athletes will carry with them long after they are finished playing sports for Duchesne Academy.

Participation in a sport is a privilege. Student-athletes represent themselves, their families, Duchesne, and all student-athletes before them. Student-athletes will encompass the *Goals and Criteria of Sacred Heart Schools* in athletics as they do in the classroom and in life. Athletes must meet academic and behavior expectations to stay qualified to participate. Failure to abide by the contract will result in disciplinary consequences.

As a Duchesne Charger I will adhere to the following standards:

- **Academics and Behavior**
  - Meet all academic requirements and attend class regularly.
  - Meet all behavioral expectations in school, in athletics and while representing Duchesne off campus.
    - Academic progress is monitored by the Division Heads and Deans, if at any time, a student-athlete is not meeting their responsibilities, it will be determined by the Division Head and Head of Athletics if athletic privileges will be restricted.
- **Commitment and Effort**
  - Attend all practices, meetings and competitions and be prepared with all equipment.
  - Attendance is important. When an athlete is absent, it affects the entire team. Absences must be communicated in advance by the player to the Coach via email with the parents copied.
  - Habitual absences will result in removal from the team.
  - Quitting a team during the season results in ineligibility for post season awards in any sport that year.
  - Athletes should demand more from themselves than is demanded from the coaches.
  - Be coachable, hustle, focused and ready to work when entering practice and competition.
- **Sportsmanship and Teamwork**
  - Treat all teachers, administrators, coaches, officials, spectators, and other players with respect and courtesy.
  - Be a supportive, hardworking, and positive teammate.
  - Intentional acts of unsportsmanlike behavior or cheating will not be tolerated.
  - Athletes will wear only Duchesne gear to all competitions and while traveling.
- **Communication**
  - Contact between coaches and players is via TEAMS and Email only.
  - All parent meetings must be requested via email and be scheduled a minimum of 24 hours in advance.

As a Duchesne Charger parent, I will guide my athlete to abide by the contract and discuss any issues regarding academics, attitude, or attendance. I will be a good example of good sportsmanship at games by making only positive comments about players, officials, and coaches. I will allow the Coach to coach and trust the goals of the Athletic Department to always put the best team on the court/field to represent Duchesne Academy of the Sacred Heart to the fullest.

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Student Signature

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Student Name Print/Grade

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Parent Signature

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Date